From the President:

It’s September! The weather should be cooling down and sometimes we have to put up with those pesky fall showers, but hopefully we will have some awesome fall color and sunny warm days to enjoy some great rides well into the next few months. Even though we aren’t ready to “hang it up”, it is a good time to start looking for some ideas for next summer. Anyone can put together anything from a day trip to a week or more. How? Check out the bicycle club websites for area cities. Feel even more adventurous, pick another country.

Keep it simple to start. We found that the Wabash River Trail Cycling Club out of Lafayette, IN has some wonderful maps and really good scenic riding. The town of Lafayette provides plenty of motels and for those that would rather camp, there is a great small RV Park that has no admission fees for extra autos so we were able to have cook outs for the whole group at the park at no extra entrance costs. To keep it even, those in the motel set up an evening of pizza and snacks for the group on another evening. Some evenings we all even met at a local restaurant so we could all be served. All of this was after some wonderful days of riding the local club’s maps. It was a great time riding with friends and telling tales in the evenings before we hit the sack.

Want something a little farther away? Try Xenia, OH and the Ohio trail system which is all paved. There are motels in Xenia for those that like to “rough it” and the fairgrounds lets you camp for a small fee if you like to RV-it. From the town you can ride a really nice trip to Dayton for about 30 miles round trip. This takes you to the riverfront of Dayton and from there you can pick up other trails. If you want something more, take the north route to Yellow Springs and some great ice cream. It won’t be hard to find as there are signs on the trail and hundreds of bicycles lined up on the fences outside. Cincinnati is a hundred mile trip and back to Xenia for those that really feel ambitious. Ohio is working at connecting all of their cities by trails for bicycling and walking. The Wright-Patterson Airbase in Dayton has a wonderful air museum and Imax Theatre if you happen to have a rainy day that even the ladies might enjoy. Check out Greene County Ohio bicycle paths for more on this area.

If these don’t sound adventurous enough, pick a country and Google for bicycle outfitters. Most of them will fit you with top of the line bicycles for the terrain you will cover and allow you to pick the mileage that you want to ride each day. We can speak highly of all the ones we have tried. Don’t want to go alone, organize a small group. Bicycle Outfitters are even more flexible when you provide them with a group. These come in a wide range from fully supported to self-guided. Be sure to check out the type of terrain you would be covering before jumping in though. Some countries are definitely easier than others. If you are looking for a winter escape, check out the southern hemisphere countries such as New Zealand. It’s awesome!

Ask around the other members of the club and I’m sure you will find many have done some sort of trip

Continued on page 4
The newsletter is published monthly for distribution to the club members and to other bicycle-related organizations. Submission of local and state bicycle news is encouraged as well as cycling experiences and tips on improving the sport of bicycling. Submissions should be in writing. Members may place classified ads, notices of ride companions wanted, and reports of stolen bicycle without charge. Deadline is the 10th of the month for the following month’s newsletter.

2012 OFFICERS

President
Gail Weaver (269) 663-8267
Gail.W613@gmail.com

Vice President
Bonnie Yoder (574) 243-9027
marbonyod@att.net

Vice President of Publishing
Ray Halicki (574) 271-0735
raynellen@att.net

Secretary
Joyce McNarney (574) 233-2630
jmcnarney@att.net

Treasurer
Dick Kuehl (574) 256-5797
Mba_banker@att.net

2012 DIRECTORS

Richard Couch (269) 357-6933
richardcouch7@gmail.com

Jerry Dietzel (574) 258-0125
jdietzel93@comcast.net

Susan Dietzel (574) 258-0125
smdf63@comcast.net

Ellen Halicki (574) 271-0735
raynellen@att.net

Jamie Moore (574) 208-7315
jamie_moose74@hotmail.com

Rod Recla (269) 684-1980
recla@aol.com

Emmitt Troyer (574) 287-4569
ecktroyer@sbcglobal.net

Chris Vanden Bossche (574) 234-1035
cvandenb@nd.edu

Jeff Winegardner (574) 675-4905
jwine1958@att.net

Marlon Yoder (574) 243-9027
marbonyod@att.net

Club dues are $25.00 per year. 2012 membership expires on March 31, 2013. The hotline has been discontinued. Information on club rides and up-coming events is available on our website www.mbabike.com.
MBA WEB SITE
http://www.mbabike.com
Look at the website for details of rides for 2012 club season.
Ride maps are also on the site.
Amishland & Lakes Bicycle Tour
Www.amishlandlakes.com

Larger Area Ride Information
Here is a list of some web sites that have schedules of rides in Indiana, Illinois and Michigan.
http://bicycleindiana.org/
http://www.cibaride.org/regional/regional.htm
http://www.mikebentley.com/bike/ilrides.htm (Illinois)
http://www.LMB.org (Michigan)
http://www.bikeleague.org
http://www.adventurecycle.org

WEARING AN APPROVED HELMET IS MANDATORY
WHEN RIDING A BIKE WITH THE MBA

The businesses that advertise in the MBA Newsletter extend a 10% discount to members, generally on non-sale items. You must show your membership card to be eligible for the discount.

<table>
<thead>
<tr>
<th>Business Name</th>
<th>Address</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Albright’s Cycling &amp; Fitness</td>
<td>2720 Lincoln Way West, Mishawaka, IN 46544</td>
<td>1-574-255-8988</td>
</tr>
<tr>
<td>Elkhart Bicycle Shop</td>
<td>All About Cycling</td>
<td>401 East Jackson Blvd., Elkhart, IN 46516</td>
</tr>
<tr>
<td>Lincoln Avenue Cycling</td>
<td>430 W Lincoln Avenue</td>
<td>Goshen, IN 46526</td>
</tr>
<tr>
<td>Pro Form</td>
<td>2202 South Bend Avenue</td>
<td>South Bend, IN 46635</td>
</tr>
<tr>
<td>The Avenue Bicycle Station</td>
<td>Family Bicycle Center</td>
<td>3410 South Main Street, Elkhart, IN 4651</td>
</tr>
<tr>
<td>Metro run &amp; walk</td>
<td>Outpost Center</td>
<td>3522 N. Grape Road, Mishawaka, IN 46545</td>
</tr>
<tr>
<td>Spin Zone</td>
<td>51345 Bittersweet Road</td>
<td>Granger, IN 46530</td>
</tr>
<tr>
<td>Cycle and Fitness</td>
<td>House of Bicycles</td>
<td>10140 McKinley Hwy, Osceola, IN 46561</td>
</tr>
<tr>
<td>OutPost Sports</td>
<td>3601 N Grape Road</td>
<td>Mishawaka, IN 46545</td>
</tr>
<tr>
<td>Wakarusa Pro Hardware</td>
<td>108 S. Elkhart Street</td>
<td>Wakarusa, IN 46573</td>
</tr>
</tbody>
</table>

Spin Zone Cycling Outfitters
Cannondale • Kona • Felt
www.SpinZoneCycling.com
Pete Colan - pete@spinzonercycling.com
Sheri Colan - sheri@spinzonercycling.com
ph: 574-243-4994  fax: 574-243-4996

Mike Schade  “Have a question, ask a Pro.”
Wakarusa Pro Hardware, Inc.
108 S. Elkhart St.
P.O. Box 382
Wakarusa, IN 46573
Phone: 574.862.3776  Fax: 574.862.2365
email: store@wakarusaprohardware.com
web: www.wakarusaprohardware.com
Schwinn Bicycle Dealer  We service all makes
From the President (continued from page 1):

and would be glad to share their experiences with you and give you helpful tips to make your trip a pleasurable experience. You can find something to fit any budget.

No matter if you stay here and enjoy all the variety our wonderful area provides us or choose to try something a little farther from home, the most important thing is to remember to follow the rules of the road. Never before has it been more important to watch out for the automobile drivers as they might not be aware of you at all times on the roads. Our club has been very lucky to avoid any serious accidents this year. Thanks to all of you for a very good year!

Gail Weaver
President

One of our last rites of the riding season is to take care of our adopted “highway”, Redfield Road between Brush and Conrad roads

Meet us at Mike and Gail Weaver’s, 3354 Redfield Road, Niles, Michigan at 10:00 AM on Saturday, October 6th. The MBA will even provide gloves!

Many hands make light work!

A Call for Help

I have been running a “help wanted” ad in this newsletter for the last couple of issues for a Vice President of Publications, a glorified name for newsletter editor. And this will be my last newsletter. I am willing to serve as a director and to help in other areas. But this club needs help in many other areas. Joyce McNarney is stepping down as MBA Secretary. She has done an outstanding job in this position, but is ready for someone else to take over where she leaves off. Likewise, I know of at least two board members who are also stepping down.

It is not just the Officers and Directors where we need help. Per our Bylaws, we need a Nominating Committee to come up with a slate of candidates for next year’s election.

We just finished another very successful Amishland & Lakes Tour. It goes without saying that this ride would not be possible without the help of a large number of volunteers, both before, during and after the ride. But long before the ride, the Planning Committee works to make each Amishland tour better than the one before. We will be meeting soon to take a last look at this year’s Amishland to see what went right and what went wrong. And later this fall we will meet to start all over on next year’s Amishland. The people on this committee put in many, many hours, and these same people are all on the Board.

This is a great cycling club with a long history. For it to continue to prosper, we need more members to get involved! Please give it some thought, and give Gail, or me, or anyone else on the board a call if you would like to be “part of the solution”. Our names, phone numbers, etc. are all listed on Page 2.
HELP WANTED

MBA V.P. OF PUBLISHING

Needed: someone to take over the job of producing the monthly newsletter, the MBA News, starting in 2013, and other duties associated with the position of Vice President of Publishing. The job requires basic computer skills and the ability to navigate on the internet. I use the Microsoft Office programs: Word, Excel and Publisher, and am willing to assist the next newsletter editor in any way I can. I am sure there are other programs that could be used, but these work for me.

Vice President of Publishing is an elected position, and I am asking anyone who would like do this job to consider putting his/her name on the ballot. Please feel free to contact me by email, phone, or in person (I am almost always at the Wednesday night rides) to answer any questions you might have.

Ray Halicki
574-271-0735
raynellen@att.net

HELP WANTED

MBA SECRETARY

The principal duties of Secretary include recording and publishing minutes of all MBA meetings, and of maintaining an accurate, up-to-date, membership list. Secretary is an elected position, and anyone who would like do this job should put his/her name on the ballot. Contact Joyce McNarney (574-233-2630) or Gail Weaver (269-663-8267)

HELP WANTED

MBA DIRECTOR

The principal duties of Director are to attend Board of Director meetings, to represent the membership of the club in making decisions relating to the full range of issues related to the running of the club. In addition, Directors are expected to be active participants in club functions. Director is an elected position, and anyone who would like do this job should put his/her name on the ballot. There are ten directors plus alternates. Contact Gail Weaver (269-663-8267)

HELP WANTED

AMISHLAND PLANNING COMMITTEE

Planning for the 2013 Amishland & Lakes Bike Tour will begin soon. We need more members willing to take responsibility for various parts of the event.

This event is the primary fund raiser for the MBA. The money raised by this event finances not only the many social events offered by the MBA, but enables the MBA support a whole range of worthy causes related to cycling in the Michiana area. Contact Gail Weaver (269-663-8267).

HELP WANTED

NOMINATING COMMITTEE

A nominating committee is needed to develop a slate of candidates for all officer positions and the 10 director positions. Typically, the committee consists of three persons who are not on the ballot. The slate of candidates should be completed before the end of the year, so that ballots can be mailed and received before the Winter Banquet. Contact Gail Weaver (269-663-8267)
October 1, 2012

Every day, one-third of the people of Copenhagen ride their bikes to work or school. Collectively, they cycle more than 750,000 miles daily, enough to make it to the moon and back. And city officials want even more people to commute, and over longer distances.

So a network of 26 new bike routes, dubbed "the cycling superhighway," is being built to link the surrounding suburbs to Copenhagen.

Lars Gaardhoj, an official with the Copenhagen capital region, says the routes will be straight and direct.

"It will be very fast for people who use their bike," he says. "This is new because traditionally cycle paths have been placed where there is space for them and the cars didn't run. So now the bike is going to challenge the car."

The first highway, to the busy suburb of Albertslund some 10 miles outside the city, was completed in April.

To test it, I got a rental bike and went out for a ride.

No Place For Slowpokes

One of the first things you learn about these bike lanes is that you have to move in fast. This is not lei-
surely biking — this is serious stuff in Copenhagen.

It's a parallel world of transportation: You've got the cars on the roads and the people on their bikes. There are thousands and thousands of people on their bikes here in this city.

As commuters pour into Copenhagen on the new highway, I stop biker Cona Endelgo at a red light. Endelgo says he used to drive his car to work, but biking is better.

"It gives you more exercise and motion, and it's more free, and it's quicker. When I pass the harbor, I wave to the cars," he says.

Each mile of bike highway will cost about $1 million. The project is to be financed by the city of Copenhagen and 21 local governments. And in a country where both right- and left-leaning politicians regularly ride bikes to work, it has bilateral support.

Addressing The Needs Of Bikers

Several innovations are being tested, like "green wave" technology, which times traffic lights to suit bikers. If you maintain a certain pace, you can ride all the way through into the city without stopping. There are also footrests with bars to lean on at traffic lights, and a bike pump every mile in case you have a flat.

Outside the city, the pace is slower and people talk to each other as they ride. Jacob Messen, 33, is on his way to a water park with his kids. He says support for the project runs deep.

"Bicycles are a very essential element in most people's lives in Denmark," he says. "We have them as small infants and all the way up through the ages."

He's not kidding. Another rider, 83-year-old Soulva Jensen, is using the highway to visit her daughter in a neighboring town.

"The trains are too much trouble at the moment, so I thought it was easier to take the bike," she says.

Once the highway network is completed, an esti-
October Weekend Rides

Most weekend rides do not have a host so bring your own map or ask another member at the ride. You can download a copy from the “Weekend Maps” list on the MBA website at mbabike.com. To obtain a complete set of maps and cue sheets contact Chris Vanden Bossche at 574-234-1035, or cvandenb@nd.edu, or at a ride.

NOTE CHANGE OF START TIME!

Saturday, October 6, 2012, at 11 a.m.

Warren. This route heads southwest toward Fish Lake. A couple miles of chip and seal near the start/finish are more than made up for by the pleasant roads of La Porte County. Distances: 18, 25, 32, 39, 50, 61. Park at Warren Elementary School (55400 Quince Rd), which is in Lydick west of South Bend, ½ mile south of Edison, 1 mile north of SR-2 (Western) & 2 miles west of the US-20/31 Bypass.

NOTE CHANGE OF START TIME!

Sunday, October 7, 2012, at 11 a.m.

Osolo East. These routes travel northeast and follow the St. Joseph River, then turn south towards Middlebury, returning via Bristol. Distances: 22, 37, 45, 53. Meet at Osolo Elementary School (24975 County Road 6, Elkhart, IN) on the north side of Elkhart at the intersection of CR6 (Cleveland Rd in St. Joe county) and CR11 (aka Osolo Rd), east of Cassopolis St (IN-19).

Saturday, October 13, 2012, at 11 a.m.

Sumnerville Northwest. Head north of Berrien Springs along the river, then through orchard country. Count on a stop at Tree-mendous Fruit Farm. Distances: 21, 31, 42, 48, 59, 67. Sumnerville is a village 7 miles north of Niles and about 1 mile west of MI-51. Park at Arthur Dodd Park, which is just west of Sumnerville. Take MI-51 north from Niles, go west on Pokagon into Sumnerville, turn right on Indian Lake (by the tavern) and then immediately left. Take the first left onto Old Indian Lake and then an immediate left onto Creek. The park will be about a hundred yards down the road on your left. Distances: 21, 31, 42, 48, 59.

Sunday, October 14, 2012, at 11 a.m.

Pinhook. These routes take us north towards Buchanan in lovely southwest Michigan. Distances: 15, 22, 30, 43, 51, 64. Park at Pinhook Park and take the bike path north to Darden where the routes begin.

Saturday, October 20, 2012, at 11 a.m.

Buchanan North. Head north through wine country and expect some hills in this area of glacial moraines. Distances: 14, 20, 34, 44, 54, 63. Meet at Buchanan Middle School (610 W 4th St.), which is a few blocks north and west of the town’s main intersection at Redbud and Front.
Sunday, October 21, 2012, at 11 a.m.

**Edwardsburg East.** These routes run east towards Union, with the longer ones heading north from there towards Birch Lake. Distances: 17, 26, 34, 44, 55, 66. Meet at the High School (69410 Section Street, Edwardsburg, MI), the southernmost school on Section St, which runs south of US-12 and parallel to MI-62 (IN-23 in Indiana).

Saturday, October 27, 2012, at 11 a.m.

**Niles.** These routes head north from Niles in the direction of Indian Lake and Sister Lakes. Distances: 21, 33, 42, 49, 59. Use the [Riverfront Park parking lot](#) on the northeast corner of Main and Front in Niles, MI. (Alternative start location: If there are special activities and you can’t park at Riverfront Park, start from Ring Lardner School at 801 North 17th Street. All routes pass the school.)

Sunday, October 28, 2012, at 11 a.m.

**Wakarusa.** These routes travel south and west through mostly flat farmlands, towards Napanee, Bremen, and Plymouth. Distances: 12, 24, 30, 40, 50, 62. Meet at Wakarusa Elementary School (400 N. Washington).

Saturday, November 3, 2012, at 11 a.m.

**Jackson Middle School.** This route takes us southwest toward Potato Creek State Park and North Liberty. Expect a few rolling hills. Distances: 15, 20, 31, 41. Jackson School ([5501 S. Miami Rd., South Bend](#)) is at the intersection of Miami and Jackson Rds., just south of the US-20 bypass.

Sunday, November 4, 2012, at 11 a.m.

**Warren.** This route heads southwest toward Fish Lake. A couple miles of chip and seal near the start/finish are more than made up for by the pleasant roads of La Porte County. Distances: 18, 25, 32, 39, 50, 61. Park at Warren [Elementary School (55400 Quince Rd)](#), which is in Lydick west of South Bend, ½ mile south of Edison, 1 mile north of SR-2 (Western) & 2 miles west of the US-20/31 Bypass.
October Tuesday Rides

Tuesday rides do not have a host so bring your own map or ask another member at the ride. You can download a copy from the “Tuesday Maps” (formerly “Letter Maps”) list on the MBA website at mbabike.com.

NOTE CHANGE OF START TIME!

Tuesday, October 2, 2012, at 11 a.m.

Moran. These routes head south toward Wakarusa through mostly flat farmland in Elkhart county. Distances: 12, 19, 26, 33, 44. Meet at Moran Elementary School (305 N Beech Rd, Osceola), which is about two blocks north of Lincolnway and one mile west of the Elkhart County line. Map.

Tuesday, October 9, 2012, at 11 a.m.

Horizon. These routes go north to Eagle Lake and east towards Union, MI; roads are mostly flat with a few rollers going out toward Union. Distances: 13, 20, 30, 41. Meet at Horizon Elementary School (10060 Brummitt Rd), which is in northeastern St. Joseph County north of Cleveland Rd and the Toll Road between Beech and Ash Rds.

Tuesday, October 16, 2012, at 11 a.m.

Pinhook. These routes take us north towards Buchanan in lovely southwest Michigan. Distances: 15, 22, 30, 43, 51, 64. Park at Pinhook Park and take the bike path north to Darden where the routes begin.

Tuesday, October 23, 2012, at 11 a.m.

Edwardsburg. Head north toward Dowagiac and Southwest Michigan College and expect a few rolling hills. Distances: 16, 22, 35, 45. Meet at the High School (69410 Section Street, Edwardsburg, MI), the southernmost school on Section St, which runs south of US-12 and parallel to MI-62 (IN-23 in Indiana).

Tuesday, October 30, 2012, at 11 a.m.

Jackson Middle School. This route takes us southwest toward Potato Creek State Park and North Liberty. Expect a few rolling hills. Distances: 15, 20, 31, 41. Jackson School (5501 S. Miami Rd., South Bend) is at the intersection of Miami and Jackson Rds., just south of the US-20 bypass.

Tuesday, November 6, 2012, at 11 a.m.

Martin’s Supermarket Granger. This route heads over a few rollers up toward Barron Lake and then loops back through Edwardsburg. Distances: 12, 19, 27, 38, 47. Park at the Martin’s parking lot (12850 St. Rd. 23, Granger), near the McDonalds, just south of the Adams/IN-23 traffic signal.
October Wednesday Evening Rides

**Wednesday, October 3, 2012, at 5:30 p.m.**

**Clay.** Ride west across the river and north towards Niles on routes that are mostly flat except for the climb up from the river. Distances: 16, 22, 25, 31. Meet at Clay High School (19131 Darden Rd) at the intersection of Darden and Juniper Rds, north of South Bend.

**Wednesday, October 10, 2012, at 5:30 p.m.**

**Warren.** This route heads west towards (and at longer distances around) Hudson Lake. Distances: 17, 22, 26, 31, 36. Park at Warren Elementary School (55400 Quince Rd), which is in Lydick west of South Bend, ½ mile south of Edison, 1 mile north of SR-2 (Western) & 2 miles west of the US-20/31 Bypass.

**Wednesday, October 17, 2012, at 5:30 p.m.**

**Knollwood.** These routes quickly exit the suburbs and emerge into southern Michigan east of Niles. Distances: 15, 19, 24, 28. Park at the Knollwood Country Club (16633 Baywood Ln, Granger, IN), which is north of University Park Mall, just west of the intersection of Adams and Grape.

**Wednesday, October 24, 2012, at 5:30 p.m.**

**Hay.** Head southwest of South Bend towards Potato Creek State Park on these routes that have a little bit of everything, a few rollers, new asphalt and some classic chip and seal. Distances: 16, 21, 25. Hay Elementary School (19685 Johnson Rd., South Bend, IN) is south of South Bend between US-31 and Miami.

**Wednesday, October 31, 2012, at 5:30 p.m.**

**Clay.** A short season-ending cue-sheet ride north toward Niles. Meet at Clay High School (19131 Darden Rd) at the intersection of Darden and Juniper Rds, north of South Bend.

**THIS ENDS THE WEDNESDAY EVENING RIDES FOR 2011. SEE YOU NEXT YEAR!**

The MBA will offer a schedule of rides throughout the late fall and winter months. You can check for these rides on the MBA website at www.mbabike.com.

**LAST NEWSLETTER OF THE SEASON**

**SEE YOU NEXT YEAR!**
2012 Membership, Newsletter Application, and Dues

Mail to: Michiana Bicycle Association
PO Box 182
Granger, IN 46530-0182

Name:__________________________________________ E-Mail:________________________

Address________________________________________________________________________

City, State Zip___________________________________________________________________

Phone:__________________ Cell:______________

Make check payable to MBA
Membership fee ........$25.00 per individual or family living at same address
(Age 70 or older- free, but must fill out renewal each year)
Total Enclosed ........$____

Please check:
_____New Member
_____Renewal
_____Address Change

Name & ages of participating bicyclists in immediate family:

______________________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________

Disclaimer - MUST BE SIGNED

In signing this form for myself or the named applicant (if he or she is under 21), I agree to absolve all of the organizers, officers, sponsors and members of the Michiana Bicycle Association, Inc., be they individuals or organizations, singly or collectively, of all blame for any injury, misadventure, harm/loss or inconvenience suffered as a result of taking part in the scheduled or non-scheduled activities of the Michiana Bicycle Association.

Signature:________________________________ Date:____________

May this information be published in the handbook?
Yes:___ No:___

Newsletter ___ e-mail ___ paper copy